

# MUSIC FOR THE DEVELOPMENT OF MOVEMENT AND COMMUNICATION

## DISCOGRAPHY

### I. QUIET. CENTERING MUSIC

**Purpose:** \*To develop quieting and relaxation of the mind and emotions in order to enhance communication and learning...i.e. during meals, rest periods, bed time, quiet times with an adult.

Comfort Zone	Steven Halpern	Halpern Sounds #HS786
Spectrum Suite	Steven Halpern	Halpern Sounds #HS770
Starborn Suite	Steven Halpern	Halpern Sounds #BS780
Ancient Echoes	Steven Halpern	Halpern Sounds #HS783
Lullabies and Sweet Dreams	Steven Halpern	Halpern Sounds #HS820
Dawn	Steven Halpern	Halpern Sounds #HS809
Eventide	Steven Halpern	Halpern Sounds #HS808
Birds of Paradise	Georgia Kelly	Heru Records #103
Tarashanti	Georgia Kelly	Heru Records #102
Seapeace	Georgia Kelly	Heru Records #101
Silk Road	Kitaro	Canyon Records #051
Golden Voyage:Vol. 1	Bearns & Dexter	Awakening Productions
Golden Voyage:Vol. 4	Bearns & Dexter	Awakening Productions
O'cean	Flute Music Through Larkin	Wind Sung Sounds
Gregorian Chant from Hungary:Medieval Christmas Melodies		Hungaroton LPX11477
Christopher Parkening Plays J.S. Bach	Christopher Parkening	Angel S-36041
The Pachelbel Canon in D	Jean-Francois Paillard Chamber Orchestra	RCA FRL1-5468
Mother Earth's Lullaby	Synchestra	Synchestra

Silver Ships	Synchestra	Synchestra
December Productions	George Winston	Windom Hill
		WT-1025
Lullabies From Around The World	Steven Bergman	Steven Bergman
Sweet Baby Dreams	Steven Bergman	Steven Bergman
Relaxing with the Classics	(orchestral..baroque)	The Lind Institute #LI-101
Music for Imaging	(orchestral)	The Lind Institute #LI-201
Dream Passage	Daniel Kobialka	LiSem Enterprises
Fragrances of a Dream	Daniel Kobialka	LiSem Enterprises

## II. SUPERLEARNING MUSIC

**Purpose:** \*To enhance receptivity to learning through a 60-beat-per-minute tempo \*To provide a clear rhythmical structure which is similar to the rhythms of the heart beat, sucking and walking gait.

Comfort Zone	Steven Halpern	Halpern Sounds #HS786
Superlearning Music	(baroque classical music)	Superlearning Inc. Tapes #803 and #101
Largos and Adagios	(baroque classical music)	LIND Institute #LI-301
Encore: More Largos and Adagios	(baroque classical music)	LIND Institute #LI-302
Music for Mellow Minds	Janalea Hoffman	Mellow Minds
Mind-Body Tempo	Janalea Hoffman	Mellow Minds
List of Individual Slow Baroque Music Selections	Ostrander, Sheila and Schroeder, Lynn	in the book, <u>Superlearning</u> p 112-114 Dell Publishing New York, 1979

## III. HEMI-SYNC MUSIC

**Purpose:** \*To create a more sustained focus of attention for learning. \*To facilitate a more balanced activation of the information processing capabilities of both the right and left hemispheres of the brain. \*To reduce fearfulness and negativity which interfere with the learning of new skills.

Metamusic Blue	Robert Monroe	Monroe Institute of Applied Sciences
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Metamusic Green	Robert Monroe	Monroe Institute of Applied Sciences
Soft and Still	Robert Monroe	Monroe Institute of Applied Sciences
Surf	Robert Monroe	Monroe Institute of Applied Sciences
Metamusic Sunset	Robert Monroe Alan Phillips	Monroe Institute of Applied Sciences
Metamusic Nostalgia	Robert Monroe Alan Phillips	Monroe Institute of Applied Sciences
Metamusic Outreach	Robert Monroe Alan Phillips	Monroe Institute of Applied Sciences
Metamusic Amber	Robert Monroe Alan Phillips	Monroe Institute of Applied Sciences
Metamusic Converse	Robert Monroe Alan Phillips	Monroe Institute of Applied Sciences
Metamusic Downstream	Robert Monroe Alan Phillips	Monroe Institute of Applied Sciences

### III. FOLK MUSIC

**Purpose:** \* To provide a clear rhythmical structure and tempo as a basis for facilitation of coordinated body movement. \* To provide the opportunity for exploration of vocalization, sound play patterns, gestures and other forms of communication. \* To provide an environment of mutual enjoyment and shared rhythms for the child and adult.

I've Got a Song	Sandy and Carolyn Paton	Folk-Legacy Records #FSK-52
Birds, Beasts, Bugs and Little Fishes	Pete Seeger	Folkways #FTS 31504
Birds, Beasts, Bugs and Bigger Fishes	Pete Seeger	Folkways #FC 7611
Song and Playtime with Pete Seeger	Pete Seeger	Folkways #FC7526
American Game and Activity Songs for Children	Pete Seeger	Folkways #FC7674
American Folk Songs for Children	Pete Seeger	Folkways #FC 7601
Marching Across the Green Grass and Other American Children's Game Songs	Jean Ritchie	Folkways #FC 7702

**Songs**

<b>Songs to Grow On</b>	<b>Woody Guthrie</b>	<b>Folkways #FC7675</b>
<b>Animal Folksongs for Children</b>	<b>Peggy Seeger</b>	<b>Folkways #FC7051</b>
<b>Lullabies and Other Children's Songs</b>	<b>Nancy Raven</b>	<b>Pacific Cascades 97487</b>
<b>People and Animal Songs</b>	<b>Nancy Raven</b>	<b>Pacific Cascades 97488</b>
<b>Lets Sing Fingerplays</b>	<b>Tom Glazer</b>	<b>CMS Records #CMS688</b>
<b>Rhythms of Childhood</b>	<b>Ella Jenkins</b>	<b>Scholastic #SC7653</b>
<b>My Street Begins at My House</b>	<b>Ella Jenkins</b>	<b>Folkways #FC7543</b>
<b>Growing Up with Ella Jenkins</b>	<b>Ella Jenkins</b>	<b>Folkways #FC7662</b>
<b>You'll Sing a Song and I'll Sing a Song</b>	<b>Ella Jenkins</b>	<b>Folkways #FC7667</b>
<b>Howjadoo</b>	<b>John McCutcheon</b>	<b>Rounder Records #8009</b>
<b>Grandma Slid Down the Mountain</b>	<b>Cathy Fink &amp; Friends</b>	<b>Rounder Records #8010</b>
<b>Monsters in the Closet</b>	<b>Gerri Gribi and Tom Pease</b>	<b>Makin' Jam Etc.</b>
<b>My Rhinoceros and Other Friends</b>	<b>Guy Carawan</b>	<b>A Gentle Wind</b>

# ADDRESSES OF RECORDING COMPANIES

Halpern Sounds  
1775 Old Country Road #9  
Belmont, CA 94002

Heru Records  
P.O. Box 954  
Topanga, CA 90290

Awakening Productions  
4132 Tuller Ave.  
Culver City CA 90230

Wind Sung Sounds  
P.O. Box 7227  
Stanford, CA 94305

Hungaroton  
Qualiton Imports LTD.  
New York, NY

Synchestra  
3127 N. 33rd Ave.  
Phoenix, AR 85017

Superlearning Inc.  
450 Seventh Ave.  
New York, NY 10123

LIND Institute  
P.O. Box 14487  
San Francisco, CA 94114

Mellow Minds  
P.O. Box 6431  
Shawnee Mission, KS 66206

Steven Bergman  
P.O. Box 4577  
Carmel, CA 93921

LiSem Enterprises  
1775 Old County Road #9  
Belmont, CA 94002

Folkways Records  
43 W. 61st St.  
New York, NY 10023

Pacific Cascades Records  
Vida, OR 97488

CMS Records  
14 Warren St.

Monroe Institute of Applied Sciences  
Route 1, Box 175  
Faber, VA 22938

Scholastic Records  
906 Sylvan Ave.  
Englewood Cliffs, NJ 07632

Rounder Records  
One Camp Street  
Cambridge, MA 02140

Makin' Jam Inc.  
Route One  
Bowler, WI 54416

A Gentle Wind  
Box 3103  
Albany, New York 12203

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